

WELL2020, Sunday, September 20

Gerry Yokota

Connecting with the Feminine Energy Within through Music

LINKS

喜 JOY

Resilient by Appalachia Rising

<https://youtu.be/tx17RvPMaQ8>

怒 ANGER

At the Purchaser's Option by Rhiannon Giddens

<https://youtu.be/6vy9xTS0QxM>

哀 SORROW

My African Dream, performed by Kimmy Skota

<https://youtu.be/ycdo1fFbTvY>

楽 PLEASURE

Mata Au Hi Made (Until We Meet Again) from La Maison de Himiko

<https://youtu.be/8WFW77rUpeE>

LYRICS

Resilient

<https://youtu.be/8WFW77rUpeE>

At the Purchaser's Option

<https://www.lyrics.com/track/33674109/Rhiannon+Giddens/At+the+Purchaser%27s+Option>

My African Dream

<https://www.lyrics.com/lyric/7473209/The+Soweto+Gospel+Choir/African+Dream>

Mata Au Hi Made

<https://www.uta-net.com/song/4244/>

(English translation is in the subtitles of the video)

BONUS RECOMMENDATIONS

ANGER

Cry No More by Rhiannon Giddens

<https://youtu.be/PU3cGLtULeI>

Ella's Song (We Who Believe in Freedom, BLM version)

<https://youtu.be/EGQJmUsEE2I>

PLEASURE

Boogie Woogie Love Train (SDG version)

<https://youtu.be/oNHndFS5bJM>